

May 2024

ChefAdvantage

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Creamy Chicken Alfredo Pasta featuring Local Springer Mountain All Natural Chicken OR: Creamy Alfredo Pasta WITH: Green Peas Applesauce	2 Cheese Pizza Dippers WITH: Marinara Sauce Mixed Vegetables Fruit Yogurt	3 Whole Grain Popcorn Chicken OR: Boca Nuggets WITH: Honey Mustard Steamed Corn Diced Pineapple
		6 Cheesy Ziti Pasta WITH: Shredded Cheese Green Peas Diced Pears	7 Personal Cheese Pizza WITH: Garden Salad with Ranch Dressing* Diced Pineapple *Mixed Vegetables	8 Creamy Parmesan Chicken and Rice OR: Creamy Parmesan Rice WITH: Diced Carrots Fresh Apple Wedges* *Applesauce
13 Creamy Chicken Bowtie Pasta featuring Local Springer Mountain All Natural Chicken OR: Bowtie Pasta with Edamame WITH: Green Peas Diced Peaches	14 Fiesta Chicken Taco OR: Bean and Cheese Burrito WITH: Cheddar Cheese Shredded Lettuce Steamed Corn Diced Pineapple	15 All American Hamburger OR: Gardenburger WITH: Soft Bun Ketchup Sliced American Cheese Mashed Potatoes Mandarin Orange	16 Teriyaki Chicken with Asian Style Noodles OR: Vegetable Teriyaki Noodles WITH: Green Beans Applesauce	17 Grilled Chicken Sandwich OR: Black Bean Burger WITH: Homemade Honey Mustard Diced Carrots Diced Pears
20 Turkey Ziti OR: Vegetarian Ziti WITH: Shredded Cheese Green Beans Diced Peaches	21 Chicken Nuggets OR: Boca Nuggets WITH: Homemade Ranch Steamed Corn Mandarin Oranges	22 Breaded Chicken Sandwich OR: Gardenburger WITH: Soft Bun Honey Mustard Baked Beans Diced Pears	23 Luca's Nut-Free Chicken Trenette al Pesto OR: Vegetarian Trenette al Pesto WITH: Steamed Peas Fresh Apple Wedges* *Applesauce	24 Chicken Quesadilla featuring Local Springer Mountain All Natural Chicken OR: Bean and Cheese Quesadilla WITH: Mixed Vegetables Diced Pineapple
	<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>School Closed</p> </div>	29 Creamy Parmesan Chicken and Rice OR: Creamy Parmesan Rice WITH: Mixed Vegetables Diced Peaches	30 Homestyle Turkey Chili OR: Vegetarian Chili WITH: Fresh Baked Roll Steamed Corn Mandarin Oranges	31 Teriyaki Chicken with Asian Style Noodles OR: Vegetable Teriyaki Noodles WITH: Green Beans Applesauce

V = Vegetarian Entrée Options

Milk Served with Lunch Daily

*Vegetable or Fruit Substitute for Toddler

We are committed to Healthy, Nutritious & Delicious Meals.
 Locally sourced ingredients included whenever possible.
 No High Fructose Corn Syrup, Trans Fats, or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Alfredo** Green Peas Applesauce Alfredo Pasta Allergens: Milk, Wheat, None, None, None, Wheat, Milk	2 Pizza Dippers Mixed Veg Yogurt Allergens: Soy, Wheat, Milk, Egg, None, Milk	3 Popcorn Chicken Honey Mustard Corn Pineapple Boca Nuggets Allergens: Soy, Wheat, Egg, Soy, None, None, Soy, Wheat
	6 Ziti** Mozzarella Cheese Green Peas Pears Allergens: Wheat, Milk, Milk, None, None	7 Cheese Pizza Garden Salad Ranch Dressing Pineapple *Mixed Veg Allergens: Milk, Wheat, Soy, None, Milk, Egg, None, None	8 Parmesan Rice Carrots Apples Parmesan Rice *Applesauce Allergens: Milk, None, None, Milk, None	9 Soft Taco Cheddar Cheese Lettuce Corn Peaches Bean and Cheese Burrito Allergens: Wheat, Milk, None, None, None, Wheat, Milk
13 Bowtie Pasta** Green Peas Peaches Bowtie Pasta Allergens: Soy, Wheat, Milk, None, None, Soy, Wheat	14 Soft Taco Cheddar Cheese Lettuce Corn Pineapple Bean and Cheese Burrito Allergens: Wheat, Milk, None, None, None, Wheat, Milk	15 Hamburger Bun Cheese Mashed Potato Oranges Gardenburger Allergens: Soy, Wheat, Soy, Milk, Soy, Milk, None, Soy, Wheat, Milk	16 Teriyaki Chicken** Green Beans Applesauce Teriyaki Chicken Allergens: Soy, Wheat, None, None, Wheat, Soy	17 Grilled Chicken Sandwich Bun Cheese Honey Mustard Carrots Pears Gardenburger Allergens: None, Wheat, Soy, Milk, Egg, Soy, None, None, Soy, Wheat, Milk
20 Ziti** Mozzarella Cheese Green Beans Peaches Ziti** Allergens: Wheat, Milk, Milk, None, None, Wheat, Milk	21 Chicken Nuggets Ranch Dressing Corn Oranges Boca Nuggets Allergens: Soy, Wheat, Milk, Milk, Egg, None, None, Soy, Wheat	22 Chicken Sandwich Bun Cheese Honey Mustard Baked Beans Pears Gardenburger Allergens: Wheat, Soy, Wheat, Soy, Milk, Egg, Soy, None, None, Soy, Wheat, Milk	23 Luca's Pasta** Steamed Peas Apples Vegetarian Pasta Allergens: Wheat, Milk, Soy, None, None, Wheat, Milk, Soy	24 Chicken Quesadilla Mixed Vegetables Pineapple Bean & Cheese Quesadilla Allergens: Milk, Wheat, None, None, Wheat, Milk
	28 School Closed	29 Parmesan Rice Mixed Veg Peaches Parmesan Rice Allergens: Milk, None, None, Milk	30 Chili Roll Corn Oranges Vegetarian Chili Allergens: None, Soy, Wheat, None, None, None	31 Teriyaki Chicken** Green Beans Applesauce Teriyaki Chicken Allergens: Soy, Wheat, None, None, Wheat, Soy

****All Pasta Products are Processed in a Facility that Uses Egg****

This list is comprised of the most common allergens we chart, including egg, soy, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

The FDA exempts soybean oil from being listed as an allergen on product labels since studies have shown that many individuals with a soy allergy can safely eat soy oil.